

HEALTH AND WELLBEING THEMATIC GROUP

Minutes of the Meeting held on 15th September 2010 at WLBC, 52 Derby Street, Ormskirk

Present:

Councillor Andrew Fowler	Chair	West Lancashire Borough Council
Dave Tilleray		West Lancashire Borough Council
Ismail Karolia		West Lancashire CVS
Greg Mitton		West Lancashire CVS
Leigh Boyton		Local Resident
Deidre Mitton		Skelmersdale Community Food Initiative
Sue Porter		NHS Central Lancashire
Paula Jones		South Lancs Physical Disability Partnership Board
Gina Moran		Skelmersdale & Ormskirk College
Steve Kent		West Lancashire Borough Council
Elaine Downey		NHS Central Lancashire
Mark Snaylam		West Lancashire Community Leisure Trust

Apologies

Jane Cass	NHS Central Lancashire
John Nelson	West Lancashire Borough Council

1.0 WELCOME & INTRODUCTIONS

The Chair welcomed members and introductions were made around the table.

2.0 APOLOGIES

2.1 Noted as above.

3.0 MINUTES FROM THE LAST MEETING (21.7.10)

These were accepted as a true and correct record. There were no matters arising (not already on the agenda).

4.0 ACTION PLAN SIGN OFF

4.1 GM thanked everybody who had been involved in the process. AF believed that the process had been better focussed and should lead to more deliverable outcomes. The Action Plan was APPROVED.

ACTION

5.0 PROGRESS ON ACTION PLAN

- 5.1 DM gave an update on the Move and Eat Well work strand. She was considering holding a sub-group meeting immediately before the next full Group meeting. **DM**
- 5.2 SK updated on the Outdoor Gyms. Specifications had been completed and circulated to contractors with Tender returns due 8th October for Coronation Park, Ormskirk, Richmond Park, Burscough and Coronation Park, Skelmersdale. **SK/AF**
- 5.3 LB advised that the Mental Health Sub-Group would be meeting in October to agree progress. **NH/LB**
- 5.4 Workforce Health – no further progress. **DS**
- 5.5 ED updated on Risk Taking Behaviour, especially smoking. All provider service teams with Central Lancs are to receive a 30 minute presentation on the Stop Smoking Service and Healthy Lifestyles team. An E-learning package is currently being piloted by the stop smoking team, with a view to it being rolled out to all PCT staff and possibly partners, following evaluation. Two new dates were provided for partners to attend Stop Smoking Brief Intervention Training – 23.11.10 and 15.2.11 (9.30-12.30). ED also advised about the promotion work re. leaflets, cards, flyers, posters and the website www.centrallancashire.nhs.uk **ED/All**

6.0 ASSET BASED COMMUNITY DEVELOPMENT (ABCD)

- 6.1 IK gave a presentation on ABCD in West Lancashire explaining how it linked into national strategies, particularly in relation to the Marmot Review work on partnerships and community empowerment, the IDeA 'Glass Half Full' work on an asset based approach and the 'Big Society' work on giving communities more power, encouraging people into active roles in their communities and support mechanisms. **CB**

IK explained how individuals' skills and abilities, the establishment of local groups, organisations and businesses and the existence of places of worship, community buildings and spaces were all 'community assets'. The local West Lancashire ABCD group had been very active and IK detailed a long list of significant achievements by that group, and how they linked into the Health and Wellbeing Action Plan.

The Chair thanked IK for an excellent and informative presentation.

7.0 PARTNER UPDATE

- 7.1 AF advised about the work being done by Gulab Singh mapping out skills and knowledge of elected Members in West Lancs. **AF/GS**

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| 7.2 | MS advised about the new 'sheltered' community facilities in Ormskirk with 111 beds, a small gym and a hydrotherapy pool being established with Arena Housing. | MS |
| 7.3 | AF and SK advised about the encouragement being given to communities (using ABCD principles) to establish 'Friends of....' Groups for Parks. | AF/SK |
| 7.4 | PJ advised about the 'Safe Traders' scheme, part of Help Direct, with publicity planned. She also mentioned the presentation being given by the SLPDPB to other organisations (such as the Chorley LSP) on their work. | PJ |
| 7.5 | AF mentioned that the newsletters used by Parishes and other organisations in rural communities could be used to publicise important messages. | AF |
| 7.6 | DT advised that JC intended to update partners on structural changes in the PCT and the implications of the White Paper, at our next meeting. | DT/JC |
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| 8.0 | DATE OF NEXT MEETING | |
| 8.1 | 10th November 2010 at 9.30am – Digmaor Community Centre | |